



Gleaning the Fields

Help feed the hungry while buying nutritious food for your family

Greater Birmingham Ministries and Grow Alabama are working together to help feed the hungry of the Metro Birmingham Area while helping restore local vegetable and fruit production to benefit Alabama farmers and their communities. With your help, this project will secure a regular flow of fresh produce for GBM's weekly food distribution.

You participate by purchasing a weekly delivery of nutritious and delicious, locally-grown food for your family. For each vegetable plan purchased, Grow Alabama pledges a 10% donation (or a "tithe") in fresh vegetables and fruit to GBM.

Your congregation can be a pick up location for Grow Alabama produce (if 6 or more sign up) or you can choose from a number of convenient locations. Grow Alabama will even deliver to your home for a small extra charge. Three plans are available:

- | <u>Gold Share</u> | <u>Silver Share</u> | <u>Bronze Share</u> |
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| <ul style="list-style-type: none">• 10 fruits and vegetables• 4-5 servings each | <ul style="list-style-type: none">• 6 fruits and vegetables• 3-4 servings each | <ul style="list-style-type: none">• 4 fruits and vegetables• 1-2 servings each |

With each plan, you can customize your weekly delivery to get food you want, and suspend deliveries while you're on vacation. You pay for the food with an automatic monthly credit or debit charge, or pay for the whole year at a discounted rate. Plus, each week, you'll receive interesting recipes and be able to view cooking demonstrations online.

GBM is a multi-faith and multi-racial organization comprised of 20 different faith communities heeding the faithful call to serve people, pursue justice, and build community. For more information, visit www.gbm.org or call 205-326-6821.

Grow Alabama is a community supported agriculture (CSA) organization working with many farms around the state to increase their local distribution while promoting environmental sustainability. For more information, visit <http://www.growalabama.com> or call 205-991-0042.

